

## **Details of new procedures to protect against transmission of Covid-19**

Dear patient,

As you will be aware all public places have created new rules for visitors to follow for their safety and the safety of others. Please read through before attending the clinic. If you have any further questions, please let me know.

### **Social distancing**

We ask all visitors to the clinic to maintain a two metre distance from all other people in the clinic at all times. The only exception to this is with your practitioner who will let you know when it is appropriate to approach under two metre and for how long.

For social distancing reasons, unless you require assistance for specific support and care needs, we ask you to come alone for the appointment where possible unless a chaperone, parent or carer is required. Please leave accessory items (bags and coats) in the car, or travel with as little as possible.

### **Before arrival**

If you or someone you live with develops symptoms of Covid-19 by the time of the appointment, please contact me before attending the clinic.

### **Entering the clinic**

We have spaced out patient arrivals and departures so that all visitors to the clinic can remain socially distanced.

- You will receive a specific time for arrival. We would be grateful if you could enter the clinic at exactly that time. Or,
- When you arrive, please wait for a text from the practitioner before entering. Or,
- When you arrive, please take a seat in the waiting room but make sure you keep two metre distance from all other clinic visitors at all times.

### **Hand hygiene**

Please sanitize your hands immediately upon entering the clinic (this will be provided for you). You will be directed to the appropriate facilities.

### **Face mask and respiratory hygiene**

We are recommending that patients wear ordinary surgical masks to the clinic. You must bring your own face covering with you and be wearing it correctly before entering the clinic. If you need to sneeze or cough while in the clinic, please do so into a disposable tissue and throw it away immediately. Please wash your hands immediately after doing so.

### **Toilet facilities**

We regret that toilet facilities are currently unavailable.